ALLERGEN GUIDE



www.viet80s.co.uk

INTRODUCTION

- The guide below displays information about allergens in our food. In case you can't find the information you need from our guides or are uncertain about anything, feel free to ask any of our team members when you're at the restaurant. We can alter some recipes by either removing or replacing specific ingredients and striving to be as accommodating as we can.
- Please keep in mind that, even though we make a great effort to provide you with food that suits your requirements, the places where we prepare our dishes may contain ingredients that can cause allergies. The provided lists indicate which dishes don't include certain allergenic ingredients on purpose, but we can't guarantee that the dishes are completely free of these ingredients due to the preparation process.

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•••••	Option			14			TON TON	E \$ 3		ML57WD		N.			S ^E
Item Name	Value	Celery	Cereals with gluten*	Crustac- ean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ba chỉ nướng lá mắc mật/Grilled pork belly w clausena indica leaves															
Ba chi rang mè/Pork side fried with sesame						V									
Bò lúc lắc/Shaking beef															
Bò nướng lá lốt/Grilled beef w betel leaves rolls										7					
Bò nướng tiêu xanh/Grilled beef with green pepper															
Bò tái chanh/Rare beef in lime juice salad															
Bò xào lăn/Stir- fried Beef															

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Item Name	Value	Celery	Cereals with gluten*	Crustac- ean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Sulphur Dioxide
Cánh gà chiên/Fried chicken wings														
Chả nem/Spring rolls	Normal - Thường													
Chả nem/Spring rolls	Vegan - Chay				(white egg)									
Chả tôm cuộn sả/Grilled chopped prawn lemongrass														
Dồi sụn/Grilled chopped pork cartilage sausages														
Đậu phụ chiên giòn/Fried tofu with Viet80s recipe														
Éch rang muối sả/Salted frog deepen in lemongrass														

	Option						apr Reur	Mik		MUSTARO) ©
Item Name	Value	Celery	Cereals with gluten*	Crustac- ean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Gà chiên mắc khén/Fried chicken w Mac Khen seed															
Gà nướng lá chuối/Grilled chicken banana leaves							/								
Gà nướng mật ong/Grilled chicken with honey															
Gà xóc muối sả/Shaking salted chicken w lemongrass										W					
Gỏi cuốn/Summer Rolls	Prawn - Tôm														
Gỏi cuốn/Summer Rolls	Pork - Heo														

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Lòng nướng/ Grilled Pig Tripes															
Lòng luộc/ Special Pig Tripes															
Lưỡi bò nướng bơ tỏi/Grilled Beef Tongue															
Lươn nướng/Grilled eels w Viet80s recipe															
Lươn xào sả ớt/Stir-fried eels with chili and lemongrass															
Nem chua rán/Fried Fermented pork rolls															
Nộm bò khô/Beef jerky salad															

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Nộm chay/Special vegatable saladS															
Nộm gà ngó sen/Chicken lotus rootlets salad															
Nộm trâu gác bếp/Special buffalo jerky with salad															
Õc xào dừa/Stir- Fried whelk and coconut copra															
Tôm nướng muối/ Fresh king prawn grilled															
Trứng nhồi thịt/Grilled egg stuffing with pork															

Vegetable and Steamed dishes

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Item Name	Value	Celery	Cereals with gluten*	Crustac- ean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Nấm xào/Shimeji Mushroom stir- fired	All														
Măng xào/Bamboo shoot stir-fired	All														
Cải xào/Pak choi stir-fried	All														
Rau muống xào/Water spinach stir-fried	All														
Rau thập cẩm xào/Mixed Stir- fried vegetables	All														
Steamed rice rolls	Pork														
Steamed rice rolls	Prawn														
Steamed rice rolls	Mixed														
Steamed rice rolls	With special sauce														

	Option		No.	***			IIII	Wik 2	4 6	AUSTAID					95
Item Name	Value	Celery	Cereals with gluten*	Crustac- ean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Phở/Vietnamese beef noodles soup															
Phở chay/Vegan Phở															
Bun Dau Mam Tom - Bún đậu mắm tôm															
Lòng luộc - Pig Tripes															
Mì xào/Stir-fried noodles	Beef - Bò														
Mì xào/Stir-fried noodles	Prawn - Tôm														
Mì xào/Stir-fried noodles	Veg Rau														

Main Courses

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	Option						No.			MLSTWO) 0
Item Name	Value	Celery	Cereals with gluten*	Crustac- ean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Miến xào/Stir- fried glass noodles	Beef - Bò														
Miến xào/Stir- fried glass noodles	Prawn - Tôm														
Miến xào/Stir- fried glass noodles	Eels - Lươn														
Miến xào/Stir- fried glass noodles	Veg Rau														
Bún bò Huế/Spicy Beef Bún soup															
Bún bò xào/Stir- fried beef bún															
Bún chả nem thịt nướng/Spring rolls mixed grilled pork bún															

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Bún chả nem/Spring rolls bún	Normal / Thường														
Bún chả nem/Spring rolls bún	Vegan/ Chay						,								
Bún lươn nướng/Grilled eels Bún w salad															
Bún lươn xào sả ớt/Stir-fried eels Bún															
Bún măng vịt/Duck bamboo shoot bún soup															
Bún ốc chuối đậu/Apple snail and tofu bún soup															
Bún thịt nướng/Charcoal grilled pork bún															
Bún tôm/Prawn bún soup															

Main Courses

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	Option			T ₄			Japa Rox			ML57W0					
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Cơm rang bò/Beef fried rice															
Cơm rang cay đặc biệt/House special fried rice with chilli															
Cơm rang chay/Vegan fried rice	With eggs - Có Trứng														
Cơm rang chay/Vegan fried rice	Without eggs - Không trứng														
Cơm rang thập cẩm/Special fried rice															
Cơm rang tôm/Prawn fried rice															
Cơm rang trứng/Egg fried rice															
Cơm rang vịt/Duck fried rice															